



## ECB Fast Bowling Directives

### GUIDELINES FOR MATCHES:

<b>AGE:</b>	<b>PREVIOUS MAX OVERS PER SPELL</b>	<b>PREVIOUS MAX OVERS PER DAY</b>	<b>UPDATED MAX OVERS PER SPELL</b>	<b>UPDATED MAX OVERS PER DAY</b>
Up to 13	4	8	<b>5</b>	<b>10</b>
U14, U15	5	10	<b>6</b>	<b>12</b>
U16, U17	6	18	<b>7</b>	<b>18</b>
U18, U19	7	21	<b>7</b>	<b>18</b>

*\*For the purpose of these guidelines a fast bowler should be defined as a bowler to whom a wicket keeper in the same age group would **in normal circumstances** stand back to take the ball.*