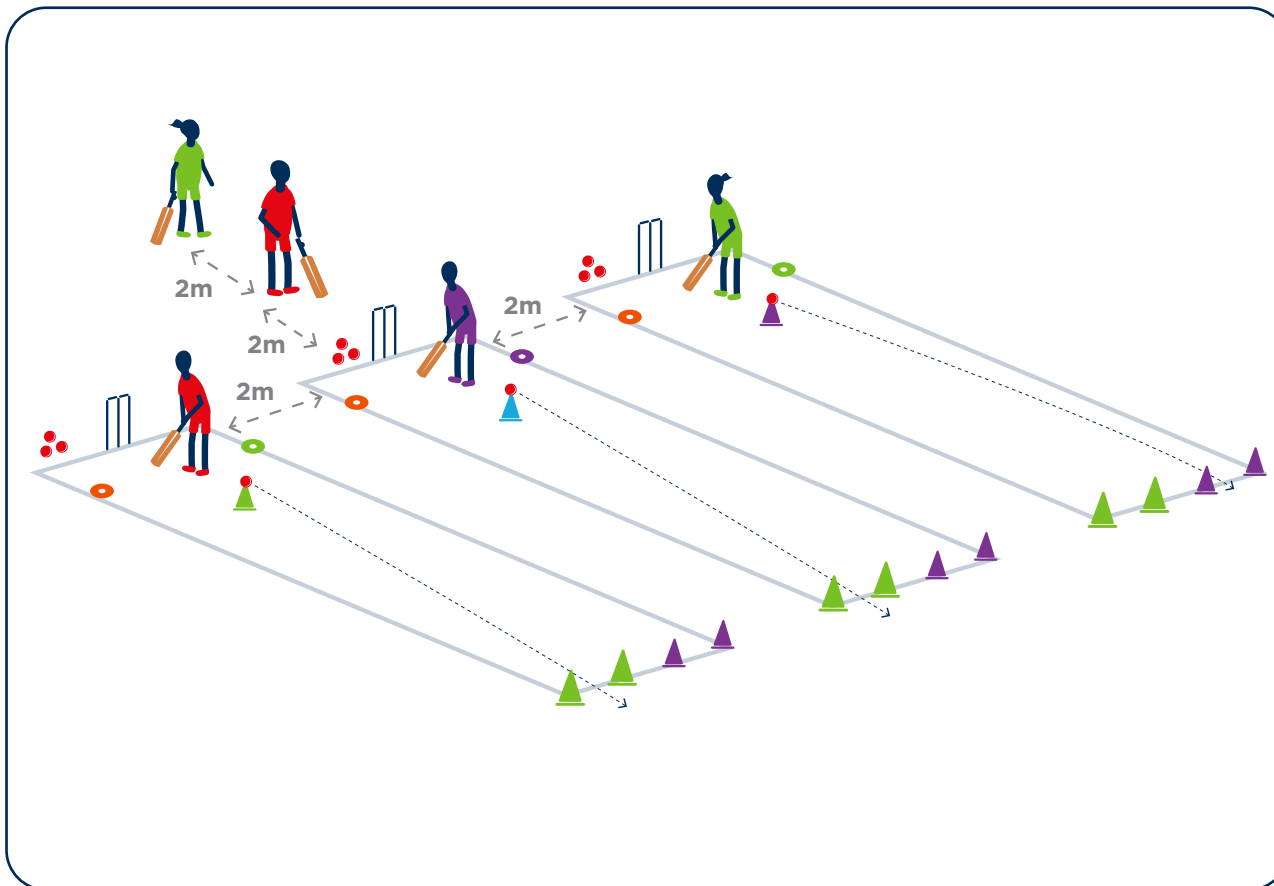


COVID-19 BEAT THE FIELDER



Equipment

Per player:

Balls: 1+

Stumps: 1

Bats: 1

Batting tees: 1+

Cones: 6

Aim



Organisation

1 player per lane

Establish crease (using cones), player to place batting tee at an appropriate distance to play vertical strike with full face of the bat

2 sets of cones to be used to mark out scoring zones (approx. 4-5m apart, first set of cones/ scoring zone at least 8-10m from batter)

Runs scored for balls that are hit through targets as determined by coach and/or player

Players can compare scores

Players record their own personal bests

Adaptation/variation

Increase/decrease size of ball

Increase/decrease size of scoring zones

Use multiple tees and balls for rapid fire/ hitting

Add points system

Add running between the wickets

Move tee down the pitch to use feet and move out to drive

Change layout and play sweep shot

Place tee on a stump and play pull shot



Always remain two metres apart!



One skin one ball!



Do not share equipment!

¹Unless from the same household
Guidance accurate as of 5 June 2020